

# MONKEYPOX

## What Servicemembers SHOULD KNOW

MONKEYPOX IS A **RARE INFECTIOUS DISEASE** CAUSED BY THE MONKEYPOX VIRUS, WHICH IS IN THE SAME FAMILY OF VIRUSES THAT CAUSES SMALLPOX



### Monkeypox spreads through:

- Skin-to-skin contact with a person with a rash, sores, or scabs from monkeypox.
- Contact with objects like clothing, bedding, or towels, and surfaces that have been used by a person with monkeypox.
- Hugging, cuddling, massage, or close contact sports with a person with monkeypox.
- Droplets of saliva (spit) from a person with monkeypox during close conversation and kissing.
- Intimate sexual contact like oral, anal, or vaginal sex or touching the genitals or anus of a person with monkeypox.



### Am I at risk?

Anyone can get monkeypox. Those at higher risk include:

- People who have close or intimate contact with someone with monkeypox.
- People who have had multiple sex partners in the past 2 weeks in an area where monkeypox is present.



### Can I get a monkeypox vaccine?

There are two vaccines (JYNNEOS and ACAM2000) that may be used to prevent monkeypox in the United States.

Talk to your healthcare provider about getting vaccinated if:

- You have been in close contact with someone with monkeypox.
- You learn that one of your sex partners in the past 2 weeks has been diagnosed with monkeypox.
- You are a man who has sex with men.

**If you have a new or unexplained rash or feel sick you should immediately stay away from others and contact your healthcare provider.**



Scan the QR code for more information.



**Army Public Health**

For more information, contact your installation's Department of Public Health.

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